



Estate Planning

May/June 2026

“Don’t let it end like this, tell them I said something...”

- Poncho Villa’s last words

It’s been a few years since we discussed estate planning, but as the Jim Morrison line goes, “nobody gets out of here alive”. Accordingly, we would like to remind everyone of the importance of estate planning and re-publish this timeless information because, as we’ve said before, we human beings tend to forget about planning for the inevitable. And if you are not prepared for the inevitable, it can cause you and/or your loved ones some serious stress and problems. So below is a reminder of the documents we recommend you create, update, and/or review.

The legal documents we recommend at a minimum include a will and/or living trust, a durable general power of attorney (“POA”), a healthcare POA, and a living will. Your will, among other things, can dictate who gets what when you die; a living trust (which is frequently paired with a catch-all “pour over” will) can do the same thing as a will but also possibly help avoid probate. A durable general POA is typically meant to empower another individual to make financial and other decisions for you if/when you are incapacitated. Similarly, a healthcare power of attorney empowers another person to make health care decisions when you are unable, whereas a living will usually indicates what type of life saving procedures should or should not be used. Another helpful document is a HIPAA authorization that can authorize a healthcare provider to discuss your medical status with the individual you designate (the HIPAA Privacy Rule limits how healthcare professionals can share information, even if you have a power of attorney).

In our experience, the power of attorney can be one of the most important documents; ironically enough things tend to be straight forward when you die, but if you are incapacitated and no one has authority to act on your behalf (because there’s no power of attorney), things can get messy quick. If you have a living trust, then the assets owned by the trust can be controlled by the trustee as well as a successor trustee if the former is incapacitated (which is why it is important to make sure certain assets are retitled to the name of the trust). As always, please remember we are unable to offer legal or tax advice, and thus the suggestions above should be reviewed with your estate planning attorney before you do anything. Further, although not legally binding, there are two documents which we believe may be just as important as the others, if not more so.

The first is a letter of instruction, which can serve multiple purposes. First, this letter can provide a list of assets and other important information for those who survive you. You’d be surprised how many times we have visited with heirs, and/or surviving spouses, who have nothing more than a thin paper trail to guess where certain assets are located and/or what the deceased had meant to have happen. So, use this letter of instruction to list assets, liabilities, passwords, personal and professional contact information,

desired funeral arrangements, and any other information that can make the transition less disconcerting for someone who, such as a surviving spouse, is coming to grips with the loss of a loved one.

Last, but not least, we suggest you write one or more “loving letters” - in our opinion, the most important document you can leave your loved ones. In short, a loving letter is where you put on paper your thoughts about the people who matter most to you.

The idea is to write a letter to each person who is important to you - a spouse, son or daughter, or any family member or close friend - and tell them why you cherish them. Remind them of the times you had together, and how he or she will never leave you even after you have passed. Let them know what was special about them, and how much you cherished the time you had with them, and/or the memories you have of them or created with them. If you want to discuss specific instances that warmed your heart, then do so; if you want to discuss your love for them in generalities, then do so; either way, just write the letter(s), and have them come from your heart.

The story that stays with me is from a visit I had with some clients twenty-five years ago (you may have heard it before, but it warms my heart as well as delivers a timeless lesson). We were reviewing their estate plan and applicable documents when I really stressed the need to write some loving letters (I knew at the time they were estranged from their youngest son). Fortunately, I was able to convince them of the importance of the loving letter, including one to their estranged son. Long story made short, the husband died of cancer about a year later. When I met with the family, I was struck by how distraught the estranged son seemed to be. When I asked if he was alright, he said something to effect that he was surprised and grateful that he received any money at all from his father. But then he pulled out the letter his father had written to him and started to cry when he said that that letter meant more to him than any amount of money.

So please make sure your estate planning documents are in order, write a letter of instruction, but maybe most importantly, write some loving letters. Because our time here on earth is much too short, and you don't want to leave without having said something to the people you love.

I would also like to discuss another timeless reminder about the coming Memorial Day weekend. This holiday tends to be used for family get togethers; but it should also be used, primarily, for giving thanks to the people who have sacrificed their lives for this great country. So please join me in celebrating and honoring those men and women of the military who gave their lives for the freedoms we now enjoy. And never forget that we should rise above our differences to celebrate what we all (should) have in common: love of freedom and love for the United States of America!!

As always, thanks so much for your friendship, your trust, and your referrals.

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